

GOING THE DISTANCE



A weekly update for Distance Learners at Wintonbury Early Childhood Magnet School

SEPTEMBER 23, 2020

From the Distance Learning Coordinator, Lisa Smith-Horn

Friendly reminders:

- When your child is in a Zoom Meeting please change the display name to your child's name so he or she can be properly addressed. To change the name in the box, follow the directions in this graphic:



- On Monday, September 28th Wintonbury will transition to 4 days of in-person learning for all students enrolled in the "In-person/Hybrid model" (this week, distance learning will still be held on Wednesday). On Monday, October 5th Wintonbury will return to their 5 day a week, full day program. Students enrolled in the "In-person/Hybrid model" will come to school 5 days a week for full days (distance learning will no longer be held on Wednesdays for this group). **The opt in distance learning program will continue throughout the year.**

For our planning purposes, please indicate your intentions by **Friday, September 25**. Submit one response per child using this link:



Second Step

The Second Step program is a social emotional program that teaches skills in the following four areas:

- Skills for Learning:** Children gain skills to help them be better learners, including how to focus their attention, listen carefully, and ask for help.
- Empathy:** Children learn to identify and understand their own and others' feelings. Children also learn how to show care for others.
- Emotion Management:** Children learn how to calm down when they have strong feelings, such as worry or anger.
- Friendship Skills and Problem Solving:** Children learn how to make and keep friends and to solve problems with others in a positive way. Your child will be learning a lot this year—and he or she will need your help! Each week, this newsletter will give you an extension activity, call a Home Link, to go with each of the Second Step Weekly Themes. Home Links are simple, fun activities for you and your child to do together. They are a great way for you to understand what your child is learning and for your child to show you what he or she knows.

Home Link

This week your child learned about surprised and scared feelings.

Your child is also learning two different ways to tell how other people feel: Look at their faces and bodies for clues Focus attention on what is happening.

Understanding how others feel helps your child get along with others and be friends.

Play a game with your child to practice using the two different ways to tell how someone feels. Play while looking at a picture book or a magazine.

Say: We're going to play How Do They Feel? We'll look at the pictures in this book without reading the words. Then we'll try to tell how the people in the pictures feel. Before starting, review the two different ways to tell how someone feels.

